

Frank Adin & Reid: The FAR Group™

Educational & Wellness Consultants

Research, Cognition & Instructional Design™

Cognitive Load and Instructional Clarity

The FAR Group™ translates research and cognitive science into practical instructional architecture that supports meaningful, sustainable learning.

Key Cognitive Science Insights

- Students process information more effectively when instruction is intentionally structured.
- Excessive instructional fragmentation can overwhelm working memory.
- Clarity strengthens focus, retention, and application.
- Strategic sequencing supports deeper understanding.

Strong instructional systems reduce unnecessary cognitive overload while strengthening meaningful engagement.

“Research matters most when translated into classroom architecture.”

Cognitive Science • Instructional Design • Purposeful Learning Systems