

Peer Academic Facilitators of Purpose-Driven Practice™ Five-Week Comprehensive Curriculum (Sophomore Level)

Format: 25 minutes per week

Audience: Sophomore Peer Academic Facilitators

Purpose: To train student leaders to guide peers through structured, purpose-driven academic practice.

WEEK 1: Purpose & Role Clarity – From Helper to Facilitator

Big Idea: Academic growth improves when students understand purpose and are guided through structured thinking.

Learning Objectives:

- Define academic purpose
- Distinguish facilitation from tutoring
- Identify learning goals behind assignments

Core Concepts:

Purpose – The learning goal behind the task.

Facilitator – A student who guides thinking without giving answers.

Skills Developed:

- Questioning
- Role clarity
- Academic focus

Activities:

- Scenario sort
- Purpose analysis
- Micro role-play

WEEK 2: Academic Communication & Listening – Talk Less, Guide More

Big Idea: Listening and structured questioning build stronger thinking.

Learning Objectives:

- Demonstrate active listening
- Use clarifying questions
- Maintain respectful academic tone

Core Concepts:

Active Listening – Listening to understand, not respond.

Academic Questioning – Questions that expand thinking.

Skills Developed:

- Dialogue facilitation
- Tone awareness
- Emotional regulation

Activities:

- Question rewrite practice
- Listening role-play

WEEK 3: Purpose-Driven Practice Protocol – Structure Builds Confidence

Big Idea: Structure reduces overwhelm and increases clarity.

Learning Objectives:

- Apply the 4-step protocol
- Guide task breakdown
- Support focused practice

Core Concepts:

Clarify Purpose

Plan Practice

Engage in Practice

Reflect & Refine

Skills Developed:

- Task analysis
- Strategic thinking
- Process consistency

Activities:

- Protocol walk-through
- Guided facilitation simulation

WEEK 4: Reflection & Metacognition – Thinking About Thinking

Big Idea: Reflection turns effort into improvement.

Learning Objectives:

- Guide reflective questioning
- Identify effective strategies
- Encourage growth language

Core Concepts:

Metacognition – Awareness of learning strategies.

Skills Developed:

- Analytical thinking
- Encouragement
- Adjustment planning

Activities:

- Reflection question practice
- Strategy evaluation

WEEK 5: Leadership, Ethics & Readiness – Responsibility Builds Trust

Big Idea: Leadership requires boundaries and accountability.

Learning Objectives:

- Understand confidentiality
- Recognize ethical boundaries
- Demonstrate readiness

Core Concepts:

Confidentiality – Respecting privacy unless safety is at risk.

Boundaries – Staying within facilitator role.

Skills Developed:

- Ethical reasoning
- Professional conduct
- Self-assessment

Activities:

- Ethics scenarios
- Readiness self-check